Monologue Work

* When looking at your monologue, figure out how it applies to you. We as humans are very self-centered and the monologue will only become yours once you make a personal application.
* Figure out the primary emotion in the monologue and practice it. Accentuate that emotion.
* Practice your monologue in the mirror; look at the body language of your face as you speak. Is that the effect you want to produce? How can you produce the emotion or effect?
* Keep in mind: this is something that is very important to the writer. Do not belittle it or make fun of it.
* No one speaks arbitrarily. Everything in the monologue is important. Once it is written, it becomes a character. Everything in that monologue makes that character.
* If you mess up when reciting the monologue, just keep going. The audience will not know.
* Interpret the monologue. Make it your own.
* What does this character **want**? Do they want to brag; do they want to mourn; do they want to remember something terribly important? When you decide what they want, write it down.
* What season is your monologue? Does it feel like winter or spring, summer or fall? What vibe does the monologue give you? Write it down.
* What element would it represent? Fire, water, air, or earth?
* What type of weather would it be? Tornado, sunny skies, cloudy, raining.
* If the person who wrote it were an animal, what kind of animal would it be? Golden retriever – loyal and loving? Cheetah – fast and predatory? A monkey – playful or mischievous?
* Don’t look at the audience!!!!!!!! Look over the audience. Look at the sound booth. Do not look at the people in the seats.
* Figure out what you are going to do with your body. Do not be distracted by your body and the ticks that come from nervousness. Harness the nervous energy and channel it into the monologue. Ticks are distracting!